

### Monday

- 3:30 Level 1 Intro to Gymnastics
- 4-7:30 Junior Olympic (JO) Team Practice Levels 3-5
- 4-8:00 JO Team Levels 6-8 Optionals
- 4:00 Hot Shots (**Invite Only**)
- 4-6:00 Pre-Team Transitions
- 4:30 Level 1 Intro to Gymnastics
- 4:30 Level 2 Basic Fundamentals
- 5:30 Level 3 Advanced Fundamentals
- 5:30 Level 1 Intro to Gymnastics
- 5:45 Pre-School 4-5 Year old
- 6:30 Level 2 Basic Fundamentals

### Tuesday

- 10-1:00 Field Trips
- 4:00 Level 2 Basic Fundamentals
- 4:00 Level 1 Boys Intro to Gymnastics
- 4-7:30 JO Team Levels 4-5
- 4-8:00 JO Team Level 7-8
- 5-7:00 Pre-Team Level 2
- 5:00 Level 1 Intro to Gymnastics
- 5:00 Level 1 Intro to Gymnastics (**Opening soon**)
- 5:30 Pre-School 4-5 Year old
- 6:00 Pre-Xcel
- 6:00 Level 1 Intro to Gymnastics

### Wednesday

- 10:00 Pre-School 4 Year old
- 11:00 Open Gym
- 12:00 Pre-School 4 Year old
- 4:00 Level 1 Intro to Gymnastics
- 4:30 Level 1 Boys intro to Gymnastics
- 4-6:00 Pre-Team Transitions
- 4-7:30 JO Team Levels 3-5 Compulsories
- 5-6:30 Pre-Team Level 1
- 5-7:00 Xcel Team Practice
- 5-7:00 JO Team – Boys

**Please Call for Availability – First Class Always FREE**

### Wednesday Continued

- 5:30 Level 1 Intro to Gymnastics
- 5:30 Level 2 Basic Fundamentals
- 5:45 Pre-School 4-5 Year old
- 6:30 Cheer/Tumbling

### Thursday

- 10:00 Pre-School 3-4 year old
- 11:00 Pre-School 3-4 year old (**Opening Soon**)
- 3:30 Level 1 Intro to Gymnastics
- 4-7:30 JO Team Levels 4-8
- 4-8:00 JO Team Levels 6-8 Optionals
- 4:30 Level 1 Intro to Gymnastics
- 5:00 Level 1/ 2 Basic Fundamentals (**Opening Soon**)
- 5-7:00 Pre-Team Level 2
- 5:45 Pre-School 3-4 year old
- 6:00 Level 3

### **7-9:30 Coaching Continued Education Clinics**

### Friday

- 1:00 Field Trips
- 4:00 Level 1 Intro to Gymnastics
- 4-7:30 Pre-Team Transitions
- 4-7:30 JO Team Levels 3-6
- 4-8:00 JO Team Levels 7-8
- 5-6:30 Pre-Team Level 1
- 5-7:00 JO Team - Boys
- 5:30 Xcel (**Invite Only**)
- 7-10:00 Open Gym (\$11 pre-pay or \$15 drop-in)

### Saturday

- 9:00 Parent Tot Class
- 10:00 Level 1 Intro to Gymnastics
- 11:15 Pre-School 4-5 Year old
- 1-5:00 Birthday Parties (11-5pm Sunday)

**Tuition is \$59.00/month. Annual Membership Fee \$50.**

**Classes are capped at 8/1 gymnast-to-teacher ratio**

**Please call for more details & pricing on multiple classes and/or hours per week.**